

Government of India
National Institute of Public Health & Training & Research, Mumbai.
Post Graduate Diploma in Community Health Care (Batch XVI- 2025-26)

First Semester Examination- Mock

Paper I – Basic Health Sciences

Date: 28 /10 /2025

Time: 10.00 am to 1.00 pm

Total Marks - 100

PART – I

(60 Marks)

Q.1. Compulsory to attempt (20 Marks)

- (A) Enumerate the arthropods causing disease and diseases caused by them. (10 Marks)
- (B) Describe dynamics of disease transmission. (10 Marks)

Q.2. Attempt any 2 out of 3 (20 Marks)

- (A) Enumerate the parts of digestive system with neat labeled diagram and add a note on Stomach (10Marks)
- (B) Describe the life cycle of mosquito with neat labeled diagram. (10Marks)
- (C) Describe types of Vaccines and cold chain maintenance. (10Marks)

Q.3. Attempt any 2 out of 3 (20 Marks)

- (A) Enumerate the parts of respiratory system with neat labeled diagram and add a note on Asthma. (10Marks)
- (B) Describe commonly used drugs in National programmes. (10Marks)
- (C) Enumerate, draw and label parts of female reproductive system and add a note on Uterus. (10Marks)

PART – II

(40 Marks)

Q. 4. Write short Notes on: (Any five) (8 Marks each)

- 1) Dehydration
- 2) Community participation in health care
- 3) Family planning measures
- 4) Adrenal Gland
- 5) Effects of air pollution on health
- 6) Blood pressure
- 7) Pandemic management
- 8) Functions of skin

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First Semester Examination-Mock
Paper II – Social and Behavioural Sciences

Date: 29/10/2025

Time: 10.00 am to 1.00 pm

Total Marks - 100

PART-I

(60 Marks)

Q.1 Compulsory to attempt (20 Marks)

- (A) Discuss the importance of Social Determinants of Health in Public health. (10Marks)
- (B) Explain Health Belief Model and its relevance in Health promotion. (10Marks)

Q.2 Attempt any 2 out of 3 (20 Marks)

- (A) Explain the socio-cultural and psychological basis of health behaviour. (10Marks)
- (B) Discuss the importance of culture in the area of health and illness behaviour. (10Marks)
- (C) Describe the causes, effects, prevention, and rehabilitation of any two social problems affecting community health. (10Marks)

Q.3 Attempt any 2 out of 3 (20 Marks)

- (A) Describe the concept and principles of community organisation with suitable examples. (10Marks)
- (B) Explain the process and stages of group development and role of group worker. (10Marks)
- (C) Discuss the principles and process of effective communication in Behaviour Change Communication (BCC). (10Marks)

PART — II

(40 Marks)

Q.4 Write Short Notes (Any Five) (8 Marks each)

- a) Social structure, status, and role in health.
- b) Gender issues and women empowerment.
- c) Community Diagnosis (Community Needs Assessment).
- d) Health Belief Model and its application.
- e) Advocacy, Communication and Social Mobilization (ACSM).
- f) Role of social media in health education.
- g) Principles and ethics of counselling.
- h) Role of community volunteers and ASHA in health promotion.

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First Semester Examination-Mock

Paper III – WASH, Nutrition, Community based Nursing Care

Date: 30/10/2025

Time: 10.00 am to 1.00 pm

Total Marks - 100

PART-I

(60 Marks)

Q.1. Compulsory to attempt (20 Marks)

- (A) Enlist the components of personal hygiene, what are the diseases related to poor personal hygiene, describe their prevention. (10 Marks)
- (B) List down the various nutritional deficiency diseases, describe any one deficiency disease with and its prevention. (10 Marks)

Q.2. Attempt any 2 out of 3 (20 Marks)

- (A) Describe the community nursing care of ANC mother & preparedness for handling of emergency at community level. (10 Marks)
- (B) Define WASH, what are the measures to be taken at school level to improve the sanitation & hygiene. (10 Marks)
- (C) Define disaster, enlist the types of disaster, describe any one type in detail. (10 Marks)

Q.3. Attempt any 2 out of 3 (20 Marks)

- (A) What is solid waste? Describe the solid waste management done at large scale. (10 Marks)
- (B) What are the national nutrition programmes? Describe any one in detail. (10 Marks)
- (C) What is biomedical waste? Describe the segregation of biomedical waste in hospital set up. (10 Marks)

PART – II

(40 Marks)

Q.4. Write short Notes on: (Any five) (8 Marks each)

- a) Management of sanitation at fairs and festivals
- b) Home based neonatal care
- c) First aid management of bee sting
- d) Dietary survey
- e) Air pollution and its effects on health
- f) Nursing care of patient with diarrhoea & fever
- g) Food adulteration & its effects on health
- h) Rain water harvesting