# National Institute of Public Health & Training & Research, Mumbai.

Post Graduate Diploma in Community Health Care (Batch XI - 2020-21) **First Semester** 

#### Paper II - Social and Behavioural Sciences

Date: 15/12/2020 Time: 02.00 pm to 5.00 pm Total Marks - 100

Part-I (60 Marks)

#### Q. 1. Compulsory to attempt.

(A) Describe Group task roles, Group building and maintenance roles in group.

(10 Marks)

(B) Enumerate the concepts and principles of Community Organisation with suitable Examples. (10 Marks)

### Q. 2. Attempt any Two.

- (A) What are the principles of effective Communication? Explain the process of Communication with suitable examples. (10 Marks)
- (B) Define Culture. Discuss its importance in the field of Health. (10 Marks)
- (C) Define Social change? Explain further different factors leading to it the role of health educator as a change agent. (10 Marks)

## Q. 3. Attempt any Two.

(A) List the various Social media. Describe in detail about any one social media.

(10 Marks)

- (B) Define Health Promotion Education. Explain the objectives and principles of Health Promotion Education. (10 Marks)
- (C) Explain different steps followed in Behavioural Change Communication with suitable examples. (10 Marks)

Part – II (40 Marks)

# Write short Notes on: (Any five) (8 Marks each)

- a. GATHER for interpersonal communication (IPC)
- b. Values and norms
- c. Decision making in the groups
- d. Community diagnosis
- e. Agents of health promotion education and their roles
- f. Social problems and its effect on health
- g. Types of Family
- h. Reasons and consequences for Gender preferences