

National Institute of Public Health & Training & Research, Mumbai.

Post Graduate Diploma in Community Health Care (Batch XI - 2020-21)

First Semester

Paper III – Water, Sanitation and Hygiene (WASH), Applied Nutrition & Community Based Nursing Care

Date: 16/12/2020

Time: 02.00 pm to 5.00 pm

Total Marks - 100

Part-I

(60 Marks)

Q. 1. Compulsory to attempt.

(A) What is ABCD of Nutritional assessment ? Explain one method of Nutritional assessment. (10 Marks)

(B) Define WASH? Discuss the measures you will take to improve the Sanitary measures at your PHC during the pandemic. (10 Marks)

Q. 2. Attempt any Two.

(A) Enumerate the Essential requirements for a healthy housing. Explain the methods of disposal of Waste at urban area. (10 Marks)

(B) Define Disaster. Explain Disaster Cycle in detail. (10 Marks)

(C) Enumerate National Programmes on Nutrition. Discuss any one of them in detail. (10 Marks)

Q. 3. Attempt any Two.

(A) What are the different components of Personal Hygiene. Discuss their Importance. (10 Marks)

(B) Explain in detail the components of Community nursing care of neonate & infant. (10 Marks)

(C) Discuss scope for community based nursing care in COVID 19. (10 Marks)

Part – II

(40 Marks)

Write short Notes on: (Any five) (8 Marks each)

- a. Rain Water Harvesting.
- b. Balanced Diet.
- c. Effect of air pollution on health
- d. Vitamin A deficiency.
- e. Principles of First Aid.
- f. Prevention & Management of snake bite
- g. Household purification of water
- h. Iodine deficiency disorders (IDD)