

National Institute of Public Health & Training & Research, Mumbai.

Post Graduate Diploma in Community Health Care (Batch XI - 2020-21)

First Semester – Mock Examination

Paper III – Water, Sanitation and Hygiene (WASH), Applied Nutrition & Community Based Nursing Care

Date: 03/12/2020

Time: 02.00 pm to 5.00 pm

Total Marks - 100

Part-I

(60 Marks)

Q. 1. Compulsory to attempt.

- (A) Explain in detail the steps of Epidemic Investigation during the covid 19 pandemic in your district ? (10 Marks)
- (B) Define WASH? Discuss the measures you will take to improve the Sanitary measures of your PHC during the pandemic. (10 Marks)

Q. 2. Attempt any Two.

- (A) What is ABCD of Nutritional assessment ? Explain one method of Nutritional assessment. (10 Marks)
- (B) Enumerate the Essential requirements for a healthy housing. Explain the methods of disposal of Waste at urban area. (10 Marks)
- (C) Define Disaster. Explain Disaster Cycle in detail. (10 Marks)

Q. 3. Attempt any Two.

- (A) Explain in detail the Nursing care & Management in a case of -
a. Diarrhoea with dehydration b. Fever. (10 Marks)
- (B) Explain in detail the components of Essential New Born Care. (10 Marks)
- (C) Why is healthy school Environment important? Enumerate the standards required for a healthy school environment. (10 Marks)

Part – II

(40 Marks)

Write short Notes on: (Any five) (8 Marks each)

- a. Rain Water Harvesting.
- b. Balanced Diet.
- c. Hygiene practices of food handlers.
- d. Effect of air pollution in health
- e. Food Adulteration.
- f. Vitamin A deficiency.
- g. PEM
- h. Principles of First Aid.