

**Government of India**  
**National Institute of Public Health Training and Research, Mumbai.**

**DIPLOMA IN HEALTH PROMOTION EDUCATION (BATCH- 2025-26)**  
**SECOND SEMESTER EXAM**

**PAPER VI- REPRODUCTIVE & CHILD HEALTH (RCH) AND POPULATION  
DEVELOPMENT EDUCATION**

**Total Marks: 50**

**Date: 09/03/2026**

**Time: 10 am – 12 noon**

**PART-I**

**Q1. Compulsory**

- A. Compare temporary and permanent family planning methods. Outline the principles of effective RCH counselling and describe how gender equity considerations should be incorporated into family planning services. (10Marks)

**Q2. Attempt any one**

- A. Describe the organizational structure and functions of the National Family Welfare Programme. Develop a monitoring and evaluation framework for RCH programs at the community level, specifying appropriate indicators for measuring program effectiveness. (10 Marks)
- B. What are factors affecting population growth? What is the impact of high Population Growth on country (10 Marks)

**PART-II**

**Q. 3. Write Short Notes on: (any 6)**

**(5 Marks each)**

- A. Discuss the Medical Termination of Pregnancy (MTP) Act.
- B. Explain the importance of exclusive breastfeeding
- C. Enumerate the factors affecting fertility in India.
- D. Enumerate functions of family.
- E. Information, Education and Communication (IEC) activities for promoting RCH services in the community setting.
- F. Role of ASHA in RCH care
- G. Maternal mortality and its causes in India
- H. Infant mortality and its causes in India