

Govt. of India
National Institute of Public Health Training and Research, Mumbai.
Diploma in Health Promotion Education (Batch- XXXVII 2023-24)
First Semester Examination

PAPER I – HEALTH AND HYGEINE WITH BASIC HEALTH SCIENCE

Date: 01/11/2023

Time: 10am – 1pm (3 hours)

Total Marks: 100 Marks

PART – I (60 Marks)

Q 1 Is compulsory to attempt each question carries 10 marks.

- A. Explain the life cycle of mosquito with a help of a neat labelled diagram (10)
- B. Explain types of Vaccines and cold chain maintenance. (10)

Q.2. Attempt any 2 out of 3 (20 Marks)

- A. Explain the components of Healthy school Environment. (10)
- B. Draw a neat labelled diagram of endocrine system, describe the functions of the hormones secreted by any one endocrine gland (10)
- C. Explain the importance of environmental hygiene in health. (10)

Q.3. Attempt any 2 out of 3 (20 Marks)

- A. What are the types of sanitary latrines? Explain the steps of solid waste management? (10)
- B. Define sterilization and disinfection. Describe any one method of sterilization carried out at your work place? (10)
- C. Enumerate Principles of first-aid and add a note on first- aid management of bleeding wounds. (10)

PART – II. (40 Marks)

Q 4 Write Short Notes on: (any 5)

(8 Marks)

- a) Waste water disposal
- b) Cardio-Pulmonary Resuscitation
- c) National Immunization Schedule
- d) Pubertal changes in males and females
- e) Functions of Liver.
- f) Hygienic practices of food handlers
- g) Microscope and its use
- h) First aid Management of snake bite
