

GOVERNMENT OF INDIA MINISTRY OF HEALTH AND FAMILY WELFARE NATIONAL INSTITUTE OF PUBLIC HEALTH TRAINING & RESEARCH

REPORT

Health Education Program &

NCD Screening camp

On

31.05.2022

"World No Tobacco Day"

At

Dhakta khanda, Panvel

NIPHTR, Mumbai,332, S.V.P. Road, Khetwadi, Mumbai - 400 004, Maharashtra, India

NIPHTR, Panvel ,Plot no 6 & 6A, Sector 18, Khanda Colony, Panvel, Navi Mumbai, Maharashtra 410206, India

National institute of public health training and research, Mumbai, organized a health education program and a Non communicable disease screening camp on the World No Tobacco Day 31st May 2022 at Dhakta Khanda, New Panvel.

The health education program started with the tobacco awareness rally conducted by NIPHTR staffs, Summer Internship Program Students, MPH students and Interns around 9.00AM in the Dhakta Khanda Village. During the rally, public awareness placards were displayed to inform about the adverse effect of smoking or chewing tobacco.

Director, NIPHTR, Dr. Sunil Vilasrao Gitte inaugurated the poster exhibition by cutting the ribbon around 10.30 AM. SIP students exhibited the posters on the topic of Tobacco and its adverse effects.

Dr,SuparnaKhera,CMO(SAG), Dr.AnandGosavi (CMHO,PMC), Mr.Manohar Mhatre,(Corporator,Chairman of standing committee,PMC), Mr.Vilas patil, Ms Hemalatha Mhatre, were present as guests for the programme.

Social song creating the awareness about tobacco and its adverse effects were presented by SIP students followed by an informative social drama, written and directed by the SIP students.

All the dignitaries were welcomed and presented with floral bouquets. Dr.Krishnaja, Medical officer formally welcomed all the dignitaries present on the dais ,village health workers, students and all other participants. In her speech Dr. Suparna khera explained about this year world no tobacco day theme – "Protect the environment". Dr.Anand Gosawi,In his speech promised that he will organize more health promotion activities for the better health of the community. Mr. Manohar Mhatre,Chief guest of the programme said that he himself and his team is always interested to help and participate in health programmes conducted in the community. It was wholesome to know his commitment towards the community.

Dr.sunil vilasarao gitte sir; in his address to the audience explained the history of tobacco and its products. It was surprising to know that Tobacco was discovered by Christopher Columbus and then people started plantations of tobacco, which was initially used for medicinal purposes but unfortunately now; is abused. He also focused on the adverse health effects of tobacco including cancer. At the end of the inaugural function Mr.Ganesh chavhan, SW given the vote of thanks. Refreshments were given to all.

The NCD screening programme started at 11.00 am at health camp site in Dhakta khanda village along with Dr.Krishnaja, Medical Officer NIPHTR,Mrs. Nakusha saindane(social worker), Mrs.Reshma shinde (Lab technician), Ms.Ashlesha pharande (LHV),MPH students and Interns. 24 people were screened for NCD in the village.

Physical examination including height, weight, Blood pressure, Temperature, O2 saturation have been carried out to all individuals participated in the camp. Basic laboratory investigations including blood sugar, hemoglobin, urine examination, Malarial parasites etc. were also carried out at free of cost.

All adults were screened for hypertension and diabetes and follow up was done for the known hypertensives and diabetics. Patients with altered findings and poor adherence to the old treatment were referred to higher centers for further assessment.

Dental problems were assessed by MPH interns who has BDS graduation.

Health education and advice given to all the patients respective of their disease condition.

Total no of peoples attended		24
Screened for	HT	24
	DM	24
Newly diagnosed	Hypertensives	4
	Diabetes	3
Total Oral examination done		24
Leukoplakia identified		1
Dental problems identified and referred (Referred for root piece extraction, scaling and polishing, caries restoration)		5

Total No of Lab investigations done		32
	Haemoglobin	01
	Blood sugar	18
	Urine routine	12
	Malaria antigen testing	01
Total No of people undergone investigations		18

SNAP SHOTS















